



Home Water Safety Checklist

— A simple guide for families —

Use this checklist to identify simple safety steps that help reduce water risk at home.

Inside the Home

- Bathroom doors are kept closed or secured.
- Toilet lids are closed when not in use.
- Bathtubs are emptied immediately after use.
- Young children are never left alone in the bath — **even for a moment.**
- Distractions (phones, doorbells, multitasking) are minimized during bath time.

Doors, Exits & Barriers

- Exterior doors are locked or monitored.
- Door or window alarms are used if available.
- Gates or barriers are in place around pools or hot tubs.
- Visual reminders near exits help caregivers remember safety routines.

Supervision Planning

- A supervising adult is clearly assigned near water.
- Caregivers take turns supervising (avoid “group watching”).
- Older siblings understand they are not responsible for supervising younger children.
- Plans are in place for busy or transition times.

Outdoor & Community Water

- Life jackets are used near lakes, rivers, or beaches.
- Children stay within arm’s reach in unfamiliar water environments.
- Public pools are checked for fencing and lifeguard presence.
- Nearby water hazards are identified (ponds, ditches, fountains).

Emergency Preparedness

- Emergency numbers are saved in caregivers’ phones.
- Caregivers know how to respond if a child enters water unexpectedly.
- CPR or basic water safety resources are identified (optional).
- A simple family emergency plan has been discussed.

Notes / Next Steps

Swim Safe Heroes™ supports early water safety awareness and family readiness. This checklist does not replace supervision, swim instruction, or medical care.